

Your Home Our Care®

Home Care Quality You Can Trust®

Our Clients

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult.
- People with disabilities
- Hospice patients
- New mothers or mothers-to-be on restricted activity
- Assisted living residents who may need more assistance, whether temporary or long term.
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance

Our Caregivers

Our caregivers are the heart of Assisting Hands®. Their most important credential is that they are caring, compassionate people who enjoy helping others!

Assisting Hands® caregivers are trained specifically to provide in-home care. They are bonded, as well as certified in CPR and First Aid.



Assisting Hands Home Care, is a new locally owned in-home care business located in Sherwood Park.

Assisting Hands also offers lawn, yard and gardening care services along with basic needs and set-up of IT / Electronic services including: TV / Electronic Media configuration, email, Skype and video chat.

Assisting Hands has partnered up with the **Information and Volunteer Centre for Strathcona County** to support their **Chef's Choice frozen Meals on Wheels** program. Assisting Hands will provide **FREE** delivery of purchased meals whenever their caregivers are scheduled to visit their homes.

Call us today at:

(587) 269-2131

info.edmonton@assistinghands.com



Call us for a **FREE** in-home consultation at:

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www.assistinghands.com/edmonton

Our Mission

We offer our clients, your loved ones, the very finest personalized in-home care, allowing them to live safely and comfortably in their homes. Sometimes life's natural events - aging, illness, or disability can make living independently at home more difficult. At Assisting Hands Home Care® we understand. Our trained, dependable caregivers can help overcome those challenges, and make home an even better place to be!

Assisting Hands® provides assistance with the activities of daily living whether preparing a meal, assistance with bathing, or safety and fall protection – all in the privacy and comfort of your own home.

We tailor our services to fit your needs – whether it's one morning a week, or around the clock. Services are available 7 days a week, 24 hours a day.

We customize our services to your needs and schedule!

Getting started is easy

Contact us for your **FREE** In-home consultation with our home care specialist.

(587) 269-2131

140 Athabasca Ave.
Suite 12 Sherwood
Park, AB T8A 4E3

Packages Available

Personal Care

- Personal Hygiene Assistance
- Grooming with Oral Care
- Basic Foot Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

Sunrise/Sunset Services

(Assist with Morning Wake-Up)

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck-in)

- Assist with Night Clothes
- Oral Care / Grooming
- Medication Reminder

Housekeeping Services

- Light house keeping
- Laundry
- Groceries and shopping
- Errands

Respite Services

(2 Hours to 24 Hour Care Available)
A Needed Break for Family Caregiver

www.assistinghands.com/edmonton
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Dementia / Alzheimer's Assistance

- Personal Hygiene Assistance
- Grooming with Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

Individual Services

- Personal Hygiene Assistance
- Meal Preparations
- Grocery shopping/errands
- Companionship
- Medication reminders
- Others...whatever your loved ones need, we are here to help

All services can be individualized and packages can be made to suit your loved ones needs.

