

our clients

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance

our caregivers

Our caregivers are the heart of Assisting Hands®. Their most important credential is that they are caring, compassionate people who enjoy helping others!

Assisting Hands® caregivers are trained specifically to provide in-home care. They are bonded, insured and background checked, as well as certified in CPR and First Aid.



about the owners

Robb and Tricia Winiecki

Having seen the challenges of Home Care that many people face with their loved ones, Robb and Tricia decided to open Assisting Hands Home Care in Naples, Florida. Tricia is a Registered Respiratory Therapist with over 22 years of direct patient care. Her compassionate nature, love of caregiving, and medical experience makes her an excellent resource for the Assisting Hands team and their clients. Robb brings over 22 years of Management experience to Assisting Hands and oversees all client services. Together, Robb and Tricia strive to provide the kind of care that enriches the lives of their clients and provides peace of mind for their families.



Quality Home Care You Can Trust®

OUR QUALITY HOME CARE SERVICES

(239) 593-4873

www.homecarenaples.com

HHA #299993491



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Home – at **Assisting Hands**, our mission is to offer our clients, your loved ones, the very finest personalized in-home care, allowing them to live safely and comfortably in their homes.

But sometimes life's natural events - aging, illness, or disability- can make living independently at home more difficult. At Assisting Hands Home Care® we understand. Our trained, dependable caregivers can help overcome those challenges, and make home an even better place to be!

Assisting Hands® provides assistance with the activities of daily living – whether preparing a meal, assistance with bathing, or safety and fall protection – all in the privacy and comfort of your own home.

We tailor our services to fit your needs – whether it's one morning a week, or around the clock. Services are available 7 days a week, 24 hours a day.

We customize our services to your needs and schedule!

getting started is easy

Call today for your **FREE** in-home consultation with our home care specialist.

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www.homecarenaples.com

10661 Airport Pulling Rd N, Suite 15
Naples, Florida 34109

our services include:

Personal Care

- Personal Hygiene Assistance
- Grooming with Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

Sunrise/Sunset Services

(Assist with Morning Wake-Up)

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck In)

- Assist with Night Clothes
- Oral Care / Grooming
- Medication Reminder

Personal Assistance Services

- Grocery Shopping / Couponing
- Closet / File Organizing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

Respite Services

(2 Hours to 24 Hour Care Available)
A Needed Break for Family Caregiver

Housekeeping Services

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing
- Dust Window Ledges / Mop Boards

Dementia / Alzheimer's Assistance

(Stimulate Mental Awareness)

- Reading / Listen to Music
- Help Writing Letters
- Playing Cards / Games
- Family Photo Albums
- Craft Projects
- Monitor Television Viewing
- Take on Outings
- Personal Hygiene

Post-Surgery / Maternity Services

- Assist with Bathing and Grooming
- Housekeeping
- Meal Preparation
- Grocery Shopping / Errands
- Laundry / Changing Linens
- Answer the Door / Telephone
- Assist with Mobility / Transferring
- 24 Hour Care Available

Other services

- Medical alert alarms & equipment
- Remote Video Monitoring

