

Welcome to Assisting Hands®

Meeting the needs of our clients is our mission while helping them remain happy, healthy and at home.

We understand that providing the very finest personalized in-home care is important to our clients and their loved ones which is why we have built our business and reputation on doing just that. When life's events cause you to need help, we will provide you with highly trained, compassionate and dependable caregivers whom you can rely on.

At Assisting Hands® we also consider communication with our clients and their family members to be a very important part of our care services which is why we provide updates through our family-friendly online portal. Our clients soon discover that we understand what is important to them.



License #R3925. Licensed as a Residential Service Agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality.

Assisting Hands® Clients *are talking...*

"Assisting Hands® was a tremendous help to my family at a chaotic and turbulent time. They spent the time to do the due diligence, make recommendations and ensured that we had the right fit for my ailing father. Superb communication and follow-up from a company that understands the stress and challenges families face at the time they need help. Our caregiver, Linda, has been both skilled and thoughtful dealing with someone who put up real resistance in accepting the reality that assistance was necessary. We're grateful for the positive impact engaging with Assisting Hands® has brought us".

—Dan

"I can't say enough about Steve Lorberbaum and Assisting Hands® Serving Potomac! The support we received for my mom so that she could stay at home and we could get the assistance we needed was beyond compare. The honesty and integrity with which they cared for not only for my mom, but also my father was incredibly helpful during such a difficult time. Having a team who knows what they are doing and can provide technical care takes that off of the loved one's plate, allowing us to focus on what was important. I recommend Assisting Hands® Home Care without hesitation."

—Amy



Steve and Cathy Lorberbaum founded Assisting Hands® Home Care with one mission: To provide peace of mind and relieve the stress of families taking care of loved ones by being there when they can't be. We personally saw the need for quality home care when Cathy's dad, who lives in Florida, was diagnosed with dementia several years ago. After his wife died, he was unable to care for himself yet wanted to remain in his home, in his own surroundings. Finding the right caregiver has enabled him to remain in the home he loves and provides our family peace of mind even though we are miles away.

Assisting Hands® Home Care Serving Potomac
4853 Cordell Ave, Suite PH 10-A
Bethesda, MD 20814

301.363.2580

www.assistinghands.com/potomac



Assisting Hands®
Home Care

**Our Quality
Home Care Services**

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Our Clients

Although many people we help are seniors living at home, Assisting Hands® Home Care assists people of all ages, in many situations:

- Adults of any age following hospitalization or surgery, when walking, standing or driving may be difficult
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance

Our Caregivers

Assisting Hands® caregivers are the foundation of our in-home care services. Some of the most important qualifications to being one of our caregivers is that they are caring, compassionate, and dependable people who enjoy helping others.

Feel confident in knowing that our caregivers are trained specifically to provide in-home care and are bonded, insured and background checked, as well as certified in CPR.

Our Services Include:

PERSONAL CARE

- Personal Hygiene Assistance
- Grooming with Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention



SUNRISE/SUNSET SERVICES

(Assist with Morning Wake-Up)

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck In)

- Assist with Night Clothes
- Oral Care / Grooming
- Medication Reminder

PERSONAL ASSISTANCE SERVICES

- Grocery Shopping / Couponing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

Getting started is easy!

Call today for your [FREE](#) in-home consultation with our home care specialist.

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RESPITE/POST SURGERY SERVICES

- Flexible Hours
- A Needed Break for Family Caregiver
- Transport Services

HOUSEKEEPING SERVICES

- Empty Trash
- Change Linens / Make Beds
- Washing and Drying Dishes
- Straightening Up
- Laundry

Assisting Hands® Home Care Meeting Our Clients' Needs

- Dementia / Alzheimer's Assistance
- Post-Surgery Care
- Cancer Patient Care
- Hospice Support
- Maternity Care