

OUR QUALITY HOME CARE SERVICES

Assisting Hands, we offer our clients, the very finest personalized in-home care, allowing them to live safely and comfortably in their homes.

Sometimes life's natural events - aging, illness, or disability- can make living independently more difficult. At Assisting Hands Home Care[®] we understand. Our trained, dependable caregivers can help overcome those challenges, and make home an even better place to be!

Assisting Hands[®] provides assistance with the activities of daily living – whether preparing a meal, assistance with bathing, or fall protection – all in the privacy and comfort of your own home.

We tailor our services to fit your needs – whether it's one morning a week, or around the clock. Services are available 7 days a week, 24 hours a day.

Call today Cincinnati 513-729-9999 • Northern Kentucky 859-444-5699 for your FREE in-home consultation. www.assistinghands.com/cincinnati

Choose Assisting Hands® of Cincinnati and Northern Kentucky

"Teresa was incredibly helpful making the transition home comfortable and safe. We appreciate the quality of service you provided and will certainly use your services in the future." -Bill Rusche

- All of our Caregivers are:
 - Supervised by a Registered Nurse
 - Background and Reference Checked
 - Insured and Bonded
 - CPR and First Aid Certified
 - Experienced Care Providers
 - Trained by Assisting Hands regardless of experience

- All of our Client's progress is reviewed by a Registered Nurse
- Advanced Technology is utilized to ensure caregivers arrive promptly at your home
- No one goes into your home unless they would go into ours.

Our Services Include:

Personal Care

- Personal Hygiene Assistance
- Grooming with Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

Sunrise/Sunset Services

(Assist with Morning Wake-Up)

- · Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck In)

- Assist with Night Clothes
- Oral Care / Grooming
- Medication Reminder

Personal Assistance Services

- Grocery Shopping / Couponing
- Closet / File Organizing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

Respite Services

(3 Hours to 24 Hour Care Available) A Needed Break for Family Caregiver

Housekeeping Services

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing
- Dust Window Ledges / Mop Boards

Dementia / Alzheimer's Assistance (Stimulate Mental Awareness)

- Reading / Listen to Music
- Help Writing Letters
- Playing Cards / Games
- Family Photo Albums
- Craft Projects
- Monitor Television Viewing
- Take on Outings
- Personal Hygiene

Post-Surgery / Maternity Services

- Assist with Bathing and Grooming
- Housekeeping
- Meal Preparation
- Grocery Shopping / Errands
- Laundry / Changing Linens
- Answer the Door / Telephone
- Assist with Mobility / Transferring
- 24 Hour Care Available

Other services

- Medical Alert Alarms & Equipment
- Remote Video Monitoring



Greg and Kim Kling founded Assisting Hands® Home Care with one mission

"To Relieve the Stress of Care from Families... We Can Be There When You Can't"

This mission is deep in their hearts because they have been there. Kim's Mom

Aggie was diagnosed with Cancer several years ago. During her many months of battling the disease, Aggie moved into their home and Kim, along with Hospice, took care of her.

During this difficult time, caregivers brought much needed assistance to both Aggie and Kim and greatly provided Kim the important time she needed to be with her Mom. This experience inspired Kim to become a State Tested Nursing Assistant (STNA) and with Greg to open Assisting Hands[®] in Cincinnati.

Greg and Kim are passionate about giving their clients the very best care possible. Trusting a caregiver with your loved one is an important task that they do not take lightly.

If you or a family member needs assistance or maybe you, as the caregiver, needs a break or a little extra help, Assisting Hands[®] can be there.

Call us for a free in-home consultation at:

Cincinnati 513-729-9999 Northern Kentucky 859-444-5699

"My Husband said that if he had to choose which caregiver was the best, he would be unable. All were Excellent!" -Judy Kannady

www.assistinghands.com/Cincinnati